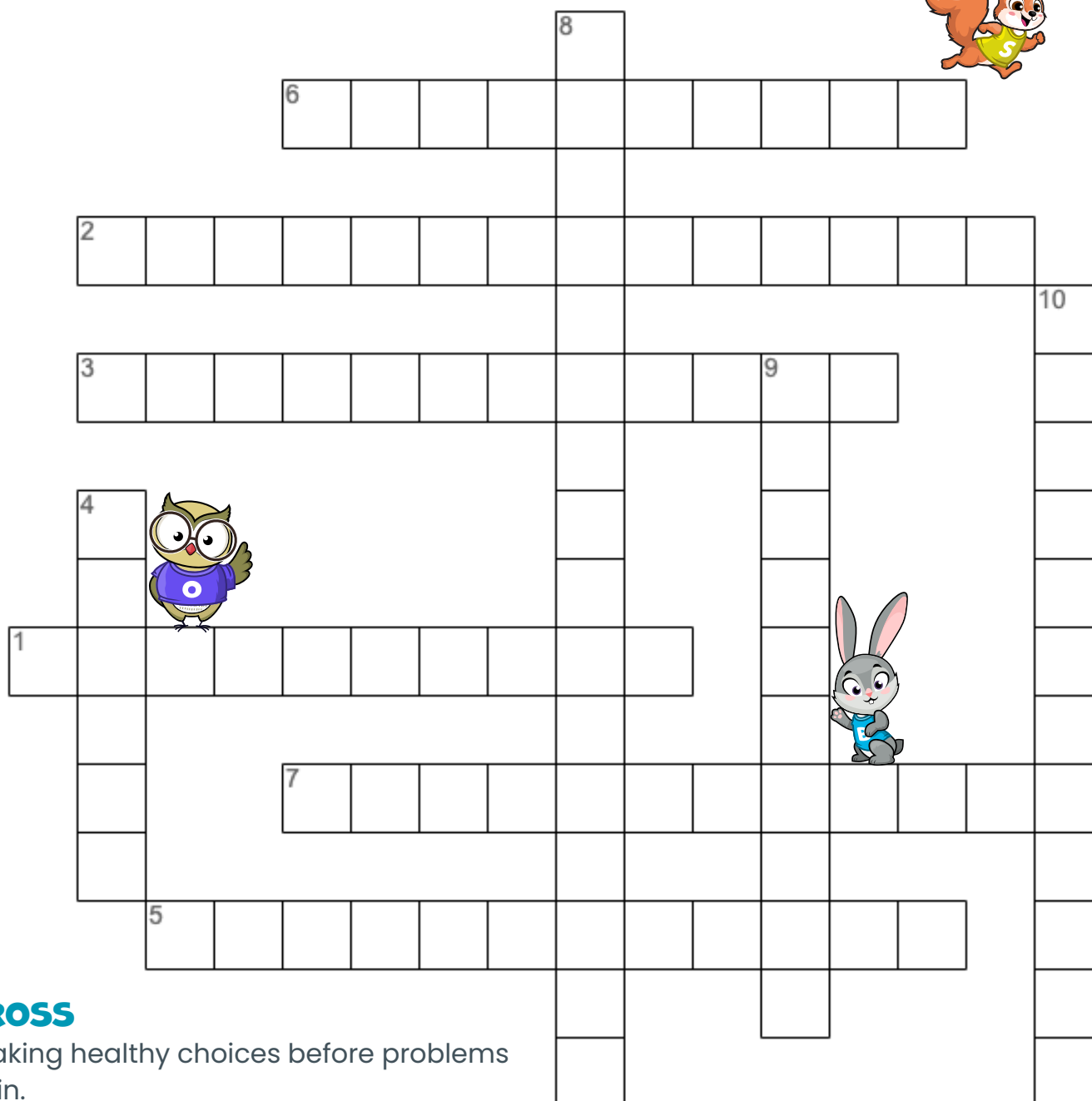


THE HEALTHY CHOICES CLUB

CROSSWORD PUZZLE



ACROSS

1. Making healthy choices before problems begin.
2. Taking ownership of your actions and decisions.
3. Someone you can go to when you need help or have questions.
5. Medicine that should only be used by the person it was prescribed for.
6. Trusting yourself to make healthy choices.
7. Feeling pushed to do something because others are doing it.

DOWN

4. A feeling we all experience that can be managed in healthy ways.
8. The trail of information you leave online.
9. Helping others by setting a positive example.
10. The results of the choices we make.

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